# Practical Guide for Students





Shanghai-Tongji

# **General Information**

- 1. Before starting
- 2. Arrive at Pudong Airport
- 3. Logging
- 4. Sino-Spanish Campus Office
- 5. Registering at Tongji
- 6. International Hospitals
- 7. Telephone
- 8. Supermarkets
- 9. Libraries
- 10.Banks
- 11. The links
- 12.Major Holidays
- 13. Emergency numbers
- 14.Metro Map
- 15. Jiading Campus Map

## 1. Before starting

You must apply the X visa (for study purposes) with the admission letter in Spain. More information please check the information in International Students Office of Tongji:

http://study.tongji.edu.cn/

It is advisable to prepare a cash sum of 2000-5000 RMB to support the expenses on arrival (taxi fee, payment dormitory, residence permit, insurance Tongji etc.).

## 2. Arrival at Pudong Airport

#### **Currency:**

If you have not done so to obtain local currency in Spain and was in possession of a credit card or ATM card Visa / Mastercard / Maestro, you can withdraw a maximum of 2500RMB (about RMB  $1 \in 8.5$ ) at ATMs airport. The cost of the operation is determined by the bank that issued the card / debit cards.

#### **Transportation:**

The easiest way to reach the residences of Tongji from the airport is by taxi.

Pudong Airport, exit the baggage claim area, follow the signs for Taxi (coming out at the bottom right). Take a licensed taxi, easily distinguishable from the common machines and sorted by airport personnel (in uniform). Do not follow any invitation to use other means. Make sure that, at the start, the driver starts calculating the distance.

#### If you go to Tongji Siping Campus:

#### By taxi:

Under the ordinary traffic conditions, the trip takes about 50 minutes, at a cost of around 170RMB (night fare 220 RMB).

#### By metro:

You can also take the metro, follow the signs to get to line 2; EAST NANJING ROAD Station change to line 10 (direction NEW JIANGWAN CITY) that goes directly to Tongji.

There's also the maglev leading from the airport to metro line 2 (LONG YANG ROAD station). It is recommended, however, be careful about taking the taxi from the LONG YANG ROAD station, in particular to avoid taxi with fixed prices.

#### If you go to Tongji Jiading Campus:

#### By taxi:

Under the ordinary traffic conditions, the trip takes about nearly 1.5 hours, at a cost of about 270RMB (night fare more than 300 RMB).

#### By metro:

You can also take the metro, follow the signs to get to line 2; JIANGSU ROAD Station change to line 11 (direction HUAQIAO STATION) then get off at SHANGHAI AUTOMOTIVE CITY STATION, there are Tongji shuttle buses (from 6:30 a.m to 22:15 p.m, free) at the exit to Tongji Jiading Campus.

# 3. Logging

#### --- Siping Campus:

Address: Residence for International Students, Building No.1 or 2, Tongji University

No.1239 Siping Rd, Yangpu District

杨浦区四平路 1239 号

同济大学国际学生公寓1号楼、2号楼

#### --- Jiading Campus:

Address: Residence Pengyuan, Building No.3, Tongji University No.4800 Caoan Rd, Jiading District 嘉定区曹安公路 4800 号 同济大学嘉定校区朋园公寓 3 号楼

- On arrival you pay a deposit of 1,500-2,000 RMB (you must keep the receipt). The living according to the rules should last long periods of time (minimum 3 months) and the cost of the room is around 2100RMB per month. Most of the rooms are doubles and there are few single rooms. The rent for the whole period must be paid within 3 days after arrival.
- The tap water is not potable!

#### Transportation Between Siping Campus and Jiading Campus:



There are Tongji shuttle buses (from 6:30 a.m to 22:15 p.m, free) at the exit of SHANGHAI AUTOMOTIVE CITY Station to Tongji Jiading Campus.

# 4. Sino-Spanish Campus Office

Siping Campus (Tongji University)

Room 210, Yifu Building 1239 Siping Rd, 200092 Shanghai, China tel: +86-21-65988619

同济大学 上海市四平路 1239 号, 邮编 200092 逸夫楼 210 室中西学院

## 5. Registering at Tongji

We recommend you to read carefully the "Registration Guide" which sent to you several days ago with your Admission Letter, including the following information:

- Procedures for enrollment / registration
- Residence permit
- ID card for students
- Medical certificates
- •Insurance
- Services for foreign students
- Post
- Hospitals
- Service canteen

And more information, please check the <u>International Students Office website</u> attached at the very beginning of this Guide.

# 6. International Hospitals

These are some hospitals where you can find staff who speak English.

The costs are generally quite high if you are not covered by insurance international.

■ WorldLink: Offers membership options and a wide range of different types of care.

Add: 2258 Hong Qiao Road

Tel: 6242-0909

Website: http://www.worldlink-shanghai.com

Extra information:

First visit consultation ranges from 600-1800 RMB.

■ American-Sino OB / GYN Service: Open 24 hours a day.

**Outpatient Clinic** 

Add: 800 Hua Shan Road, Clove Apartment Building 6, 3rd Floor, Shanghai

200050

Tel: (8621) 6210 2299 Fax: (8621) 6225 9392

■ Inpatient Care Center

Add: 12 WulumuqiZhong Road, 14th Floor, Shanghai 200040

Tel: (8621) 6249 3246, (8621) 62487517

Fax: (8621) 62488065

Website: http://www.americanobgyn.com/ E-mail Address: info@americanobgyn.com

■ St. Reiss Shanghai Medical Center: General medicine.

Open Monday-Saturday from 9:00 am-6: 30pm, Sunday from 9:00 am-1:

00pm.

Add: 1st floor, Building 3. Donghu Road

Tel: 5404-8771 5404-8772

■ Global Health Care: Expat doctors available.

Open Monday-Friday from 8:00 am-7: 00pm, Saturday 9:00 am-5: 00pm,

Sunday from 9:00 am-1: 00pm (by appointment only). Add: 1515 Nanjing Xi Road, Room 301 Kerry Center

Tel: 5298-6339 136-8188-8833

Website: www.ghcchina.com E-mail: info@ghcchina.com

Extra information:

First visit consultations are RMB 500, includes several exams. Second visit is 300 RMB, 500 RMB for pregnant women.

■ Lifeline Shanghai: Anonymous, free, and confidential support.

Open 10:00 am-10: 00pm seven days a week.

Tel: 6279-8990

E-mail: volunteer@lifelineshanghai.com

■ Ruijin Hospital: General Health

Add: 197 RuijinEr Road Tel: 6437-0045 Ext: 668 101

#### 7. Telephone

The phone services are operated by two companies: China Mobile 中国移动 (zhongguoyi dong) and China Unicom 中国联通(zhongguolian tong).

You can buy a SIM card in any official phone shop/department of China Telecom and China Unicom, or in shopping malls. The price can vary from 50 to 200 RMB depending on the phone number (those with many 8,0,6 are more expensive), almost

including a fee for the telephone traffic. The refills can be purchased in the same stores or at stalls used for the sale of various calling cards.

Rates vary depending on the company and the type of telephone traffic. In China, the telephone traffic is charged at both callers and those who receive it. We recommend a card named 神州行(Shenzhouxing) of China Mobile, which does not need to pay the receivers. The cost of a phone call inside the country is on average 0.6RMB per minute, except for special offers.

#### 8. Supermarkets

- CARREFOUR 家乐福: in Yutian Rd. 玉田路 288 and Quyang Rd 曲阳路
- WALMART 沃尔玛: in the Wujiaochang 五角场 (bus 55, 817, 910 from Siping Rd. / Wumei northbound) in n Songhu Rd. 125 淞沪路
- TIME SQUARE (B1) 时代广场 B1 楼, 99 Huai Hai Zhong Road, by Xi ZangZhong Road (there are many European products) 淮海中路 99 号, 近西藏中路
- CITYSHOP South Shanxi Road Metro Station (line 2) 陝西南路 inside IAPM commercial center (European products)
- Some new supermarkets will be opened around the Jiading Campus

#### 9.Libraries and Bookstores

■ Shanghai Miguel de Cervantes Library

Biblioteca Miguel de Cervantes

米盖尔·德·塞万提斯图书馆

198-208, Anfu Road, 200031, Shanghai

Telephone: 0086 2154670098 fax: 0086 2154032506

e-mail: censha@cervantes.es

There are many bookstores on the FU ZHOU road. In particular, provide a wide range of English-language books, dictionaries, guides, etc.

■ Shanghai Foreign Languages Bookstore (Shanghai WaiwenShudian) 上海外文书店

Address: FUZHOUroad, 390 福州路 390 号

Transportation: Bus 123 (get off at South SHANXI road 山西南路)

■ Shanghai Books City (Shanghai Shucheng) 上海书城 [English-language books on the 7th floor]

Address: FUZHOU Road, 465 福州路 465 号.

Transportation: Bus 123

#### 10. Banks

Banks are open Monday to Friday from 9:00 to 17:30 Saturday and Sunday from 10:00 to 16:00

At their ATMs can also take credit card / international ATMs (Visa / Mastercard / Maestro), the Board is established by the bank that issued the card / debit cards.

#### Useful phrases:

- Currency Exchange: 换汇 (huanhui)

- Open a bank account: 开户 (kaihu)

- Get an UnionPay card: 办一张银联储蓄卡 (ban yizhang yin lian chuxuka)

#### 11. The links

- Website of the Municipality of Shanghai http://www.shanghai.gov.cn/shanghai/node17256/index.html
- Site of Tongji http://www.tongji.edu.cn/english/
- Site libraries http://www.sbt.com.cn/En/
- Interactive map of Shanghai http://www.smartshanghai.com/maps/smsh map.php

# 12.Major Holidays

New Year's Day * (元旦)	January 1st
Spring Festival *(春节)	January / February (from the 1st to the 7th day of the first month of the lunar calendar)
Qingming Festival(清明节) *	April 4th/5th
International Labor Day (劳动节)*	May 1st
Feast of the Dragon Boat(端午节) *	May / June (the 5th day of the fifth month of lunar calendar)
Mid-Autumn Festival(甲水竹) *	September / October (the 15th day of the eighth month of lunar calendar)
National Day(国庆节) *	October 1st

# Celebrations vary according to the lunar calendar

\*: National holidays

# 13. Emergency numbers

110: police

120: Ambulance 119: Fire Alarm

14. Shanghai Metro Map(enclosed in the Email)

15. Jiading Campus Map(enclosed in the Email)